

# 2024 NorCal Bay Area Men's Retreat

*Ephesians 4:11-13 (NKJV) - 11 And he himself gave some to be apostles; some phophets; some evangelists; some pastors and teachers, 12 for the equipping of the saints for the work for ministry, for the edifying of the body of Christ, 13 till we all come to the unity of the faith and the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ*

	Thursday, April 18th	Friday, April 19th	Saturday, April 20th
7:00am			
7:30am		Breakfast - 7:30 - 8:45	Breakfast
8:00am			
8:30am			
9:00am		<b>Second Harvest Food Bank</b> - Tometrius Paxton	Raffles and Prizes
9:30am		Q&A	Review and updates
10:00am	Set Up	<b>Black Men's Health Committee (BMHC) - UCSF</b> - Ghila Andemeskel; Michael Shaw (Matthew Johnson)	<b>Bro. Douglas Threet</b> Mountain View C of C - <b>Informational</b> - <b>"What Real Barriers Prevent"</b>
10:30am		Q&A	Breakout Session- Group Discussion
11:00am		<b>East Bay Probate Services, LLC</b> - Living Trust - Yvette Pruitt	Break
11:30am		Q&A	
12:00pm		Break	
12:30pm		Lunch	<b>BARBEQUE</b> Fellowship (Burger's, Chicken, Hot Dog's, Links, Potatoe Salad, Baked Beans)
1:00pm			
1:30pm			
2:00pm	Registration	Break	
2:30pm			Raffle and Prizes
3:00pm		<b>Bro. Ammar Saheli</b> West Oakland C of C - <b>Aspiration</b> - <b>"What Unity Is Intended To Be"</b>	Overview and Survey
3:30pm		Breakout Session - Group Discussion	
4:00pm	Welcome, Opening Prayer, Overview	Break	End of 'Unity" Retreat
4:30pm	Ice breaker; Raffle and Prizes	Raffle and Prizes	
5:00pm	<b>Safe Organized Space (SOS)</b> - Daniel Barth	Break	
5:30pm	Q&A		
5:45pm	Break	Break Cont	

6:00pm	Dinner	Dinner	
6:30pm			
7:00pm	<b>Community Outreach</b> - Bro. Sam Morris - Bay North C of C	<b>Bro. Jamell Hamilton</b> Mountain View C of C Dallas Texas - <i>Inspirational</i> - <b>"What Unity Can Accomplish"</b>	
7:30pm	Q&A	Breakout session	
8:00pm	End of the Evening Snack - Smores Around the Fire Pit		
8:30pm	End of Day 1	End of Day 2	
9:00pm			